



*We have the prescription for
what's bugging you!*

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Checklist for German Roach Treatment

*** *In order for a German Roach Treatment to be successful, we need **your** help!*

Before Service:

Kitchen:

1. Remove all dishes, food, and other items from cabinets and cover them with a sheet or towel.
2. Vacuum any particles or small debris from cabinets.
3. Sweep/vacuum under the stove, refrigerator, and any other appliances.
4. Thoroughly clean all surfaces using a bleach solution.
5. Check under sinks for leaks & repair prior to treatment or notify management if this is a rental property.

Food Pantry:

1. Remove all food and other items and cover them with a sheet or towel.
2. Vacuum any particles or small debris from shelves and floor.
3. Wipe all surfaces with a bleach solution.

Bathroom:

1. Remove items from inside bathroom vanities and any closets inside bathrooms and cover them with a sheet or towel.
2. Vacuum any particles or small debris from shelves and floor.
3. Thoroughly clean all surfaces using a bleach solution.
4. Check under sinks for leaks & repair prior to treatment or notify management if this is a rental property.

Whole House/Apartment

1. ***This Step is Critical!!!*** Discard all contents of the vacuum into a sealable bag immediately and take to exterior garbage receptacle.
2. Remove any and all trash from the residence the day of service.
3. Place children/pet toys and baby items in bags. (Bags can be placed on beds during service)

During & After Service:

1. Remove pet dishes and water bowls.
2. Cover fish tanks with a damp towel and turn off the pump.
3. People and pets should be out of the residence for a minimum of 2 hours after treatment. However, the time should be extended to at least 4 hours if any respiratory issues or sensitivity is known or observed.
4. It is recommended that you clean counters and tables with a solution of soap and water.
5. It is normal to see an increase in the number of German Roaches following service. The areas they once were hiding in may no longer be suitable due to treatment which forces them to seek new locations. In some cases, they are also being drawn from those harborage areas due to bait being applied. It is very

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important to maintain sanitation during the treatment process to achieve control & prevent re-infestations.

6. Review the attached **German Roach Prevention Tips** & **German Roach Fact Sheet** to learn how to prevent re-infestation.

*****Important Notes*****

- German cockroaches are extremely difficult to control, so be patient with this process.
- These steps are **necessary** in order to resolve a German Cockroach infestation. Failure to follow these recommendations may result in your technician being unable to begin service and likely preventing the control of the infestation.
- Do not attempt to treat the infestation on your own because applying over-the-counter pesticides can interfere with the process and lead to over-exposure to pesticides.
- Provide your technician as much access as possible to treat all areas for best results from service.
- A 2nd treatment will likely be required in 3-6 weeks to control any German Roaches missed, as well as those that hatch after the 1st treatment. Please contact our office to schedule any necessary follow-up treatments.
- Follow all instructions provided by your pest control service technician to ensure effective treatment and prevention.
- This service requires a partnership between **Texas Pest Rx** and the customer/resident to truly achieve control of German Cockroaches.

We, at **Texas Pest Rx**, understand the inconvenience of a German Roach infestation. The German Roach Treatment works, but only if we work together. Thanks for your cooperation!



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German Roach Prevention Tips

Seal Entry Points:

- Use caulk or sealant to close cracks and crevices around windows, doors, pipes, and other entry points.
- Install door sweeps and/or weatherstripping to prevent roaches from entering under & around doors.

Maintain Cleanliness:

- Clean your kitchen and dining areas thoroughly, removing crumbs and spills immediately.
- Regularly wipe down countertops, sweep floors, and vacuum carpets.

Proper Food Storage:

- Store food in airtight containers and avoid leaving food out overnight.
- Regularly clean and inspect pantry shelves for food debris.

Eliminate Water Sources:

- Fix any leaky faucets, pipes, and other plumbing fixtures.
- Avoid leaving standing water in sinks, pet dishes, or plant trays.

Declutter:

- Reduce clutter in your home, particularly in areas like basements, closets, and under sinks, where roaches can hide.
- Dispose of unused paper products, cardboard boxes, and other potential hiding spots.

Regular Garbage Disposal:

- Use trash cans with tight-fitting lids and take out the garbage regularly.
- Keep outdoor trash bins clean and away from the home.

Inspect and Clean Appliances:

- Check and clean underneath and behind appliances like refrigerators, stoves, and dishwashers, where food particles can accumulate.

Monitor and Trap:

- Use sticky traps to monitor cockroach activity and reduce their numbers.
- Place traps in areas where roaches are likely to travel, such as along baseboards and behind appliances.

Limit Dining Areas:

- Encourage family members to eat only in designated areas, such as the kitchen/dining room, to minimize food sources in other parts of the home.

By following these tips, you can help rid your home of German Roaches and prevent future infestations. If you need further assistance or have any questions, feel free to contact us.



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German Roach Fact Sheet

Why They Are a Problem:

- **Health Risks:** German cockroaches can spread diseases and contaminate food.
- **Pest Control Challenges:** Their rapid reproduction and ability to develop resistance to pesticides make them difficult to control.

Identification:

- **Size:** Adult German cockroaches are about 1/2 to 5/8 inch long.
- **Color:** They are light tan, light brown, or golden with two dark parallel streaks running from the back of the head to the wings.
- **Wings:** Although they have wings, they rarely use them to fly.

Behavior:

- **Habitat:** German cockroaches prefer warm, moist environments and are commonly found in kitchens and bathrooms.
- **Activity:** They are mostly active at night when they forage for food and water.
- **Diet:** They are scavengers and will eat almost anything, including food scraps, grease, and even non-food items like soap and glue.

Reproduction:

- **Egg Capsules:** Female German cockroaches produce egg capsules that contain multiple eggs.
- **Rapid Growth:** They have a short life cycle, going from egg to adult in less than 90 days.
- **High Reproductive Rate:** A single female can produce over 400 eggs in her lifetime.